

# March 2024 Breakfast



Alternative	Monday	Tuesday	Wednesday	Thursday	Friday
Assorted cereal, fruit & milk	26 Assorted cereal, banana & milk	27 French toast sticks, syrup, assorted fruit cup, 100% juice & milk	28 Bagel w/cream cheese, fresh fruit & milk	29 Assorted cereal, assorted fruit cup, 100% fruit juice & milk	1 Assorted muffins, yogurt, assorted fruit cup 100 % fruit & milk
	4 Assorted cereal, banana & milk	5 Waffles, syrup, assorted fruit cup, 100%fruit juice & milk	6 Bacon, egg & cheese on an English muffin, fresh fruit & milk	7 Assorted cereal, assorted fruit cup, 100% fruit juice & milk	8 Assorted muffins, yogurt, assorted fruit cup 100 % fruit & milk
	11 Assorted cereal, banana & milk	12 Pancakes, syrup, assorted fruit cup & milk	13 Bagel w/cream cheese, fresh fruit & milk	14 Assorted cereal, assorted fruit cup, 100% fruit juice & milk	15 Assorted muffins, yogurt, assorted fruit cup 100 % fruit & milk
	18 Assorted cereal, banana & milk	19 French toast sticks, syrup, assorted fruit cup & milk	20 Sausage, egg & cheese on an English muffin, fresh fruit & milk	21 Assorted cereal, assorted fruit cup, 100% fruit juice & milk	22 Curriculum Day
	25 Assorted cereal, banana & milk	26 Waffles, syrup, assorted fruit cup, 100%fruit juice & milk	27 Bagel w/cream cheese, fresh fruit & milk	28 Assorted cereal, assorted fruit cup, 100% fruit juice & milk	29 Assorted muffins, yogurt, assorted fruit cup 100 % fruit & milk
	1 Assorted cereal, banana & milk	2 Pancakes, syrup, assorted fruit cup & milk	3 Bacon, egg & cheese on an English muffin, fresh fruit & milk	4 Assorted cereal, assorted fruit cup, 100% fruit juice & milk	5 Assorted muffins, yogurt, assorted fruit cup 100 % fruit & milk

All sandwiches are made using whole grain bread. Each lunch is served with a choice of 1% white, skim, 1% milk & low fat chocolate (children 5 & under can only be offered white milk skim or 1%). All meals are subject to change without notice.

All meals are served w/fruit. Breakfast requires grain, fruit & milk. Lunch is served with a grain, protein, fruit, vegetable & milk. If your child requires milk for a home meal the charge is .50 cents.

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\*WG = whole grain

\*HM = homemade.

\*fixings = sour cream, salsa, lettuce shredded cheese